



YOGA TEACHER TRAINING SUPPLEMENT

The following pages are a snapshot of some of the teacher training courses on offer in 2016. We hope you find them useful if you are planning to become a yoga teacher. Whatever the reason you decide to become a teacher here are some key points you might like to consider. There are no minimum mandatory qualifications to become a yoga teacher in Australia.

DON'T MISS OUR TEACHER TRAINING ARTICLE ON PAGE 48.

QUALIFICATIONS

- Type and level of qualification
- Delivery format of course
- Duration of training course
- Course content

VOLUNTARY PROFESSIONAL YOGA ASSOCIATIONS

- Yoga Australia – open to all suitably qualified yoga teachers
- Yoga Alliance – American based association

GENERAL ASSOCIATIONS

Lineage based such as BKS Iyengar Association of Australia, Satyananda Yoga Teachers Association (SYTA). General professional associations such as the IYTA, and Dru Australia offer membership to suitably qualified teachers also.

ACCREDITATION

There are a number of organisations that offer accreditation. If you are a stand-alone teacher you do not require any particular accreditation to teach in Australia, although some government organisations and gyms may require some sort of specific accreditation.

INSURANCE


Similarly there are a number of companies that offer insurance for Australia and overseas

www.expressinsurance.com.au

<http://www.insurancehouse.com.au>

<https://business-insurance.aon.com.au/Professions/Health-Professionals/Yoga-Instructors.aspx>

YOGA TRINITY **ACT**



- Vinyasa Flow Yoga Teacher Training
- Ayurveda & Yoga Therapy
- Core Yoga Instructor Training
- Thai Yoga Massage
- Canberra, Adelaide, Sunshine Coast

Comprehensive training and experiential education in mind-body movement. For 10 years Yoga Trinity has been offering Teacher Trainings, Post-Graduate Training, and Professional Practitioner courses in Vinyasa Flow Yoga, Pilates, Ayurveda, and Thai Yoga Massage. Dive into the richness of ancient teachings and explore the modern practice and therapeutic applications of yoga. Registered Yoga Australia, Yoga Alliance, Fitness Australia


Have a 'taste' of Yoga Trinity with free downloads, podcasts and practices at yogatrinity.com/shop

Take Your Passion for Yoga and Create a Career That Inspires

yoga trinity

www.yogatrinity.com
heather@yogatrinity.com
 0406 784 878

YOGA TRINITY **SA**



- 285-hr Vinyasa Flow Yoga Teacher Training
- Feb 5-14 & Apr 15-24,
- Thai Yoga Massage Level 1 & 2
- Oct 19-26,

Comprehensive training and experiential education in mind-body movement. For 10 years Yoga Trinity has been offering Teacher Trainings, Post-Graduate Training, and Professional Practitioner courses in Vinyasa Flow Yoga, Pilates, Ayurveda, and Thai Yoga Massage. Dive into the richness of ancient teachings and explore the modern practice and therapeutic applications of yoga. Registered Yoga Australia, Yoga Alliance, Fitness Australia

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8LIMBS PERTH YOGA TEACHER TRAINING **WA**



200-hour internationally accredited training with Yoga Alliance taught part-time over 12 months.

Exclusively taught by international author Gregor Maehle and Dr Monica Gauci (Chiropractor).

Teaching Yoga is an occupation of giving. Each class is a dedication. It is both rewarding and challenging. Our commitment to your participation in this training is to give you an authentic experience of Yoga with the highest quality of teaching, in a supportive, nurturing environment.

Starts:
13 February 2016

www.8limbs.com
info@8limbs.com
 0404 120 409

8limbs

THE YOGA SPACE **WA**



- Hatha Vinyasa Training
- Yoga for Pregnancy Birth and Baby
- Yoga Therapy Training
- Yin Yoga Training
- Mentoring for Yoga Teachers

Yoga Space offers comprehensive and transformational training for aspiring teachers and further training for yoga teachers. Equally theoretical and practical our training equips you to share your love of yoga with others. Our teaching faculty are yoga teachers with tertiary qualifications in their area of expertise. They help you traverse the rich terrain of yoga philosophy, history, anatomy and physiology. Courses are co-ordinated by Dr Jean Byrne, Senior YA Member and Authorised Ashtanga Yoga teacher (KPJAYI, Mysore).

www.yogospace.com.au
info@yogospace.com.au
 (08) 6161 7962